



10 TIPS ON BECOMING A VOLUNTEER

*(adapted from materials compiled by the
nonprofit coalition Independent Sector)*

1. **Research** the causes or issues that are important to you.
2. **Consider** what you have to offer; you may want to look for a volunteer opportunity in which your special skills can be utilized.
3. **Think** outside the box! Many community groups that are looking for volunteers may not have occurred to you but could just be the perfect fit.
4. **Find** organizations that are looking for volunteers. The Internet has great online volunteer referral services, including www.volunteer.gov.
5. **Request** an interview and **plan** for it in much the same way that you would plan for a job interview.
6. **Learn** about something you're interested in and **develop** skills in a new area.
7. **Commit** to a volunteer activity that fits your schedule. Organizations need different levels of commitment for different types of volunteer activities.

2018 Spring Update



8. **Volunteer** with friends or as a family. Volunteering with others can be a great way to get to know people better and can help keep you **excited** about volunteering.
9. **Virtual** Volunteering- yes, there is such a thing. If you have computer access and the necessary skills, some organizations now offer the opportunity to do volunteer work over the computer.
10. **Strive** to make an impact...the possibilities are endless!!



MAKE A **DIFFERENCE...**

JOIN US TODAY!

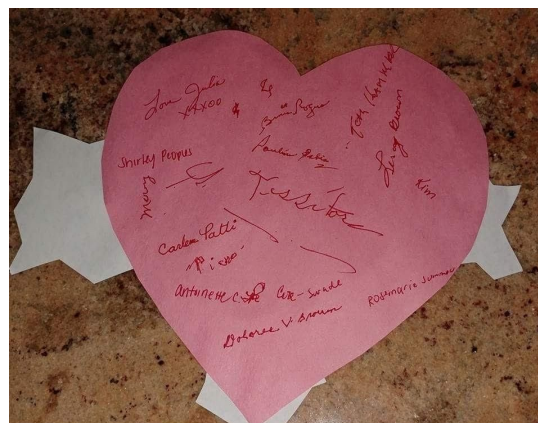
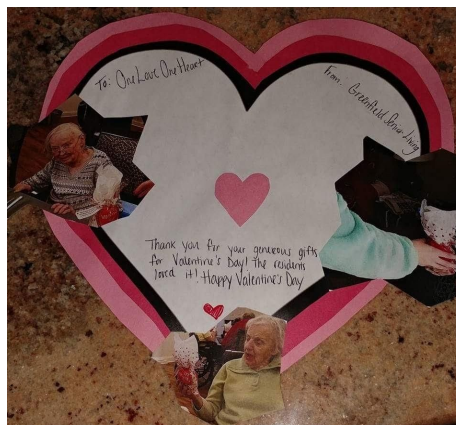


Adopt a Grandparent...

was a **success** benefiting both the residents of Greenfield Senior Living of Lansdale and **One LOVE One Heart**. We touched **dozens** of seniors this past Valentine's Day with the kickoff of our first of several **Share the LOVE fundraisers for 2018**.



Intern **Alex Meyer** wrapping/packing goodies... (r) **Gift giving** at Greenfield Senior Living



LOVE from the residents in the form of this beautiful **"thank you"** Valentine!!



Donations

Help
Maintain



Interns **Alex Meyer** and **Jake Boyce** sort and pack school supply donations in 2017



Barrett Town and **Mt. Salem** scholarship recipients in 2017



Making our World Cleaner & Greener

Earth Day/Arbor Day Fundraiser

Earth Day...April 22

Arbor Day...April 27



Help us share the **LOVE** by
purchasing a **TREE** for \$15.00

The *Trees for America®* program
is based upon the Arbor Day
Foundation's belief that each of
us has a responsibility for wise
environmental stewardship. Each
year the Foundation distributes
millions of trees, fosters tree-care
education, and works to help
reforest thousands of
fire-ravaged acres in our
National Forests.

As we continue to share the
LOVE in the U.S. and Jamaica...

Donations can be made at
www.OLOHjamaica.org

Message us with any questions...



Coming Soon.....

Spring Fund Drive



www.OLOHjamaica.org
www.facebook.com/oneloveoneheart

